

Sheraton Overland Park, Kansas



April 1–2, 2022

APTA Kansas 2022 Spring Conference



Friday, April 1st

6.0 CEU Awarded

	Tract 1	Tract 2
7:30–8:30am	Breakfast in Registration Area	
8:00am	Registration / Check-in	
8:25am	Welcome by Camille Synder, PT, DPT, APTA Kansas President	
8:30–10:00am	Stepping Stones to Walking Stephanie Parr, PT	Tendinopathy Current Concepts Luke Kriley PT, DPT, MS, CSCS, USAW; AJ Thomas PT, DPT, MS, SCS
10:00–10:15am	Break / Exhibits	
10:15–11:45am	ACL Injury Risk Reduction Dan Quillin, DPT, ATC, OCS, CSCS	Promoting Clinical Research-leveraging Relationships with Academic Institutions and Getting Involved as a Clinician Linda D'Silva, PT, PhD, NCS; Nicole Clark, PT, MSPT, PhD; Jason Rucker, PT, PhD, Daniel Larson, PT, DPT, ATC and Amada Britton-Carpenter, PT, DPT, NCS
11:45am–1:00pm	Exhibits / Lunch	
1:00–2:30pm	PT and ATC Interdisciplinary Care LesLee Taylor PhD, LAT, ATC; Patricia Kluding, PT PhD; Linda D'Silva, PT, PhD, NCS; Dawn Emerson, PhD, LAT, ATC; Stephen Jernigan PT, PhD, FNAP	Treating Patients with Persistent Pain: An Evidence Based Approach to Moving Them Forward Jason Calder, PT, TPS, CSMT
2:30–2:45pm	Break/Exhibits	
2:45–4:15pm	Screening for Pelvic Health in Various Physical Therapy Settings A Missing Link in Patient Wellness Lora Seacat, PT, DPT, CSMT, CMTPT	
4:30–6:20pm	APTA Kansas Board Meeting / Dinner - Board Members Only	
6:30–8:00pm	Congressional Candidates – Current Issues Discussion	
8:00–9:30pm	Suds and Science (Poster Hall Social) - Cash bar available	

Saturday, April 2nd

6.0 CEU Awarded Including Business Meeting and Delegate Discussion

7:30–8:30am	Breakfast in Registration Area / Student Breakfast
8:00am	Registration / Check-in
8:25am	Welcome by Camille Synder, PT, DPT, APTA Kansas President
8:30–9:30am	Assessment and Management of the Stiff Shoulder Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS
9:30–9:45am	Break / Exhibits
9:45–10:45am	On-Field Shoulder Examination Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS
10:45–11:00am	Break / Exhibits
11:00am–12:00pm	Platform Presentations (Including Kansas Partner's In Progress for Research in Kansas - FB Live Event)
12:00–1:30pm	Lunch Business Meeting (Including Kansas Partner's In Progress Fundraiser - FB Live Event) and Delegate Discussion
1:30–2:30pm	Upper Extremity Return to Sports Functional Testing Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS
2:30–2:45pm	Break / Exhibits
2:45–3:45pm	Case-Based Application of Upper Extremity Return to Sports Functional Testing Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Accommodations

Sheraton Overland Park

6100 College Blvd

Overland Park, KS 66211

Main: 913-234-2100

Overnight guests enjoy special features including: Free high-speed, wireless Internet access throughout the property, 24-hour Business Center, indoor pool, and an on-site Fitness Center. Secure your reservation at the APTA KS rate of only \$149.00 per night by following the reservation link: <https://www.marriott.com/event-reservations/reservation-link.mi?id=1628366111602&key=GRP&app=resvlink> or by calling (913) 234-2100 and asking for the APTA Kansas group rate.

The association's reservation block will expire on March 10, 2022.

Registration

	One Day (Either Friday or Saturday)		Two Days (Friday and Saturday) 15 hours of CEUs		Business Lunch (Saturday*) *Please register for the lunch if you plan to attend. 1 CEU		Friday Candidate Discussion & Poster Session (Friday Evening) *Please register if you plan to attend. 3 CEUs
	Early Bird	Full Price	Early Bird	Full Price	Early Bird	Full Price	
PT Member	\$135	\$165	\$265	\$330	\$0	\$0	\$25
PTA Member	\$100	\$130	\$215	\$265	\$0	\$0	\$25
Student Member	\$27	\$35	\$60	\$70	\$0	\$0	\$0
Lifetime Member	\$35	\$55	\$85	\$110	\$0	\$0	\$25
PT Non-member	\$165	\$200	\$330	\$395	\$15	\$15	\$50
PTA Non-member	\$135	\$167	\$260	\$327	\$15	\$15	\$50
Student Non-member	\$35	\$55	\$85	\$110	\$15	\$15	\$0

Session Information

Stepping Stones to Walking

Friday, April 1st | 8:30–10:00am | 1.50 CEU Credits

Stephanie Parr, PT

Course/Session Description:

In this course, participants will learn effective strategies to promote gross motor skill acquisition. The course will target motor skills ranging from rolling to walking. Stepping stones to each developmental skill are achieved with each new skill acquisition. Tips and tricks to achieve the desired outcomes will include activities that motivate the infant in a fun and functional way. The participant will also learn some common atypical movement patterns and techniques to encourage more typical patterns.

Objectives:

- Explain the sequence of typical gross motor development and progression of movement patterns from birth to walking in a variety of positions (prone, supine, quadruped, sitting, and standing).
- Gain understanding of specific positional strategies to promote the progression of gross motor development including static positions, transitional movements, and dynamic mobility.
- Master specific handling techniques to promote the progression dynamic mobility.
- Learn strategies using toys and household items to promote the progression of gross motor milestones.
- Identify the importance of facilitating weight shifting to promote typical movement patterns.
- Identify the benefits of all developmental positions including supine, prone, side-lying, quadruped, tall kneel, half kneel, and standing.
- Understand the importance of providing motivation to the infant to achieve desired movement patterns.
- Provide play ideas in all developmental positions to promote progression through gross motor milestones.
- Apply concepts of typical development to treatment strategies in the pediatric population.

Speaker Biographies:



Stephanie Parr, PT graduated from Texas Tech University Health Science Center in 1999 with a Master of Physical Therapy. She has 22 years of pediatric physical therapy experience in a variety of settings including providing services in the NICU, hospital, pool, home health, and school. She is currently providing early intervention services for the Missouri First Steps program and in the educational setting. In addition, she enjoys sharing her knowledge of pediatrics by working as an adjunct professor for the University of Saint Mary's pediatric courses.

Tendinopathy Current Concepts

Friday, April 1st | 8:30–10:00am | 1.50 CEU Credits

Luke Kriley PT, DPT, MS, CSCS, USAW; AJ Thomas PT, DPT, MS, SCS

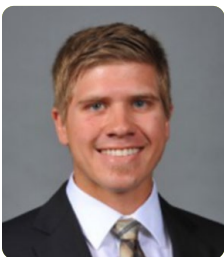
Course/Session Description:

This presentation will elaborate upon current concepts and recommendations concerning the clinical management of general lower extremity tendinopathy pathologies. This will include current recommendations for adjunct therapies, exercise programming, patient education and options for diagnostic imaging available to the physical therapist/assistant. Specific interventional recommendations including “best choice” exercises, load tests, exercise prescription, and proper return to sport progressions best shown to elicit positive tendon adaptation will be addressed. We will conclude with specific case studies to assist in the implementation of knowledge and decision making to actual clinical practice.

Objectives:

- Review fundamental tendon knowledge and concepts to guide practitioners in the management of general lower extremity tendinopathies.
- Discuss lower extremity tendon function, physiology, tendinopathy epidemiology, & risk factors related to tendon dysfunction.
- Provide an overview of various therapeutic modalities, loading protocols, diagnostic imaging, and medical interventions used in conjunction with exercise to manage lower extremity tendinopathy cases.
- Review best practices regarding patient education, home programs, and activity modification.
- Introduce a practical approach to tendinopathy rehabilitation using criterion-based progressions, including best choice exercises for each of the four main lower extremity tendons.
- Review return to sport criteria and recommendations for those transitioning back to prior levels of activity.
- Case study review to incorporate didactic knowledge with applied decision making in clinical practice.

Speaker Biographies:



Luke Kriley, PT, DPT, MS, CSCS, USAW

Dr. Luke Kriley is a full-time physical therapist at Rooks County Health Center in Plainville, KS and the current physical therapist for the Colby Community College Physical Therapy Assistant program. Dr. Kriley provides academic and clinical oversight to the PTA program through classroom/lab instruction, tutoring, consultation, and advising to staff and students within the PTA Program. Luke is a Certified Strength & Conditioning Specialist (CSCS) through the National Strength and Conditioning Association (NSCA) and holds certification through the United States of American Weightlifting Association (USAW) as a Level I Sport Performance Coach. Luke has assisted in co-authored research in a peer reviewed journal and presented at state conferences, local clinics, and various continuing education courses in Kansas.



Anthony “AJ” Thomas, PT, DPT, MS, SCS

AJ Thomas currently serves as the CEO at Rooks County Health Center in Plainville, Kansas. AJ earned his Bachelors of Science in Psychology and Masters of Biology both from Fort Hays State University. He went on to complete his Doctorate in Physical Therapy from Rockhurst University. AJ has most recently served as the Rehabilitation Director

Continued on the next page...

at Rooks County health Center, overseeing Physical Therapy, Occupation Therapy, Speech Therapy, Cardiac Rehab, and Sports medicine outreach services. AJ is an adjunct instructor at Fort Hays State University in the Biology and Athletic Training departments where he helps mentor students and promote the benefits of serving rural citizens at the highest professional level. He is Board Certified as a Sports Clinical Specialist and serves as team Physical Therapist for Fort Hays State Athletics and on the United States Olympic Committee's Volunteer Medical Team.

ACL Injury Risk Reduction

Friday, April 1st | 10:15–11:45am | 1.50 CEU Credits

Dan Quillin, DPT, ATC, OCS, CSCS

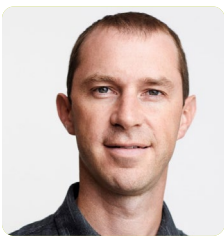
Course/Session Description:

This presentation will discuss the risk factors associated ACL injuries, why these should be considered when working with athletes and how to determine potential injury risk reduction.

Objectives: Following attendance of this session participants will be able to:

- Identify risk factors associated with ACL injuries.
- Identify why ACL injury risk reduction should be considered when working with athletes.
- Identify methods of potential Injury risk reduction.
- Identify beginning methods to apply ACL injury risk reduction.

Speaker Biography:



Dan Quillin, DPT, ATC, OCS, CSCS

Dan is a graduate of Emporia State University with a Bachelor of Science in Athletic Training in 2011 and a graduate of Wichita State University with his Doctorate of Physical Therapy in 2014. He has maintained his certification as a Strength and Conditioning Specialist since 2018. In 2021, Dan became a APTA Board Certified Clinical Specialist in Orthopedic Physical Therapy (OCS). Since graduating, Dan has taught content to physical therapy students at Wichita State University and contributed to physical therapy textbooks. Dan was selected as a member of the prestigious traveling fellow program with the Sports Physical Therapy Section of the APTA.

Promoting Clinical Research-leveraging Relationships with Academic Institutions and Getting Involved as a Clinician

Friday, April 1st | 10:15–11:45am | 1.50 CEU Credits

Linda D'Silva, PT, PhD, NCS; Nicole Clark, PT, MSPT, PhD; Jason Rucker, PT, PhD, Daniel Larson, PT, DPT, ATC and Amada Britton-Carpenter, PT, DPT, NCS

Course/Session Description:

This panel discussion includes faculty from academic institutions and clinicians in various practice settings. The strategic plan of APTA Kansas identified the need to “provide education, support, and framework for physical therapists, physical therapist assistants, and students interested in participating in research in the

Continued on the next page...

clinic settings”. This course will allow participants to dialogue with members of the Board who are involved in supporting and advancing research in the state. The panel includes faculty members and clinicians who have demonstrated partnerships that have advanced patient care and have contributed to science through publications. We will discuss strategies for bridging the gap between clinical care and research involvement and have an open Q & A to explore how attendees can get involved with clinical research.

Objectives: At the end of the course, attendees will be able to:

- Recognize advantages, disadvantages, and common barriers of participating in research while managing clinical responsibilities.
- Describe realistic tools and scenarios for gathering objective data to track relevant outcomes for reporting and potential publication in a clinical setting.
- Explore potential research opportunities that have worked previously for clinicians and discuss how these may fit within your current healthcare system/practice.

Speaker Biography:



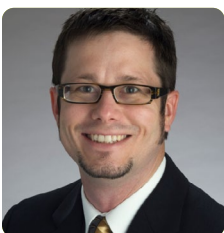
Linda D'Silva, PT, PhD, NCS

Dr. D'Silva is an Assistant Professor for the Doctor of Physical Therapy (DPT) program at the University of Kansas Medical Center. She has practiced in various settings and has advanced training in neurologic and vestibular physical therapy. Dr. D'Silva is the Director of the Vestibular and Balance Rehabilitation Lab (STABILITI Lab) at KUMC. She is investigating the balance and mobility impairments seen after a mild traumatic brain injury and their relationship with visual and vestibular deficits. She teaches the vestibular, balance, and concussion content in the DPT program.



Nicole Clark, PT, MSPT, PhD

Dr. Clark received her entry-level physical therapy degree from Springfield College in Springfield, MA. She went on to practice in outpatient orthopedics and became certified in dry needling in 2009. She pursued her Ph.D. in Physical Therapy through Nova Southeastern University in Fort Lauderdale, FL, with a research focus on the local and remote effects of dry needling. She is currently an Assistant Professor in the Stefani Doctor of Physical Therapy Program at the University of Saint Mary in Leavenworth, Kansas. She teaches research methodology and statistics and hopes to inspire future physical therapists to incorporate research into their long-term careers. She is an active member of the American Physical Therapy Association in both the education and research sections, and is a part of the Membership Committee of APTA Kansas.



Jason Rucker, PT, PhD

Dr. Rucker is a Clinical Associate Professor and Director of Admissions for the Doctor of Physical Therapy (DPT) program at the University of Kansas Medical Center. He has practiced physical therapy in the Kansas City area since 2002, with clinical experience ranging from acute and intensive care to skilled nursing and inpatient rehabilitation. Dr. Rucker joined the faculty of the Department of Physical Therapy, Rehabilitation Science and Athletic Training in 2010 and currently instructs several courses in the neurologic and orthopedic curricula of the DPT program. As co-director of the Georgia Holland Health, Exercise and Aging Laboratory he has extensive clinical research experience in the area of diabetes, recently acting as the site intervention team leader for an NIH-funded, multisite

Continued on the next page...

clinical trial of an intense 18-month exercise and lifestyle intervention for individuals with diabetic peripheral neuropathy, and has collaborated with other investigators on many projects examining how physical activity, lifestyle, and behavioral change interventions can improve the health and quality of life of those with chronic diseases.



Daniel Larson, PT, DPT, ATC

Danny Larson completed his B.S. in Athletic Training at South Dakota State University in 2015 and his Doctor of Physical Therapy degree at Des Moines University in 2018. Following this, he completed Sports Residency training at Gundersen Health System in La Crosse, Wisconsin and achieved board certification as a Sports Certified Specialist (SCS) through the American Board of Physical Therapy Specialties. He also is a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association. He currently works in Lawrence, KS at Lawrence Memorial Hospital (LMH). He has a particular interest in treating athletes involved in field and court sports. In addition to providing patient care, he leads research efforts for the physical therapy department LMH with emphasis on return-to-sport testing and decision making. He will serve as LMH's Sports Residency Coordinator for the residency program that is currently in development.



Amanda Britton-Carpenter, PT, DPT, NCS

Amanda Britton-Carpenter has been a Doctor of Physical Therapy since 2013, completed a residency program in neurologic physical therapy in 2014, and became a board certified clinical specialist in neurologic physical therapy in 2015. Amanda has been working on the Acute Inpatient Rehabilitation Unit at the University of Kansas Health System since 2017. Her interests include optimizing care for individuals following stroke, best practice, and clinical research.

PT and ATC Interdisciplinary Care

Friday, April 1st | 1:00–2:30pm | 1.50 CEU Credits

Course/Session Description:

Changes to the professional degree for athletic training provides an opportunity for professional socialization and combined educational initiatives between the physical therapy and athletic training programs at the University of Kansas Medical Center. We will speak about our experiences with PT and AT students sharing multiple courses and team teaching, along with a patient case study on interdisciplinary and collaborative care for people with concussion as an example.

Objectives: Following attendance of this session participants will be able to:

- Understand how one program has embraced collaborative opportunities for athletic trainers and physical therapists.
- Articulate the importance of early and often professional socialization between professions.
- Describe how athletic trainers and physical therapists can co-treat to provide quality patient centered care.

Continued on the next page...

Speaker Biography:



LesLee Taylor – PhD, LAT, ATC

Dr. LesLee Taylor is Vice-chair for the Department of Physical Therapy, Rehabilitation Science, and Athletic Training and Founding Program Director for the Master of Science in Athletic Training program at the University of Kansas Medical Center (KUMC). She teaches courses in the athletic training program and co-teaches several shared courses between the physical therapy and athletic training students. She has received multiple awards for teaching and service and served as President of the Commission on Accreditation of Athletic Training Education (CAATE) from 2017-2019. She is a strong advocate for diversity, equity, and inclusion striving to create sustainable initiatives.



Patricia Kluding, PT, PhD

Dr Kluding is the Chair of the Department of Physical Therapy, Rehabilitation Science, and Athletic Training at the University of Kansas Medical Center (KUMC). She teaches neurologic rehabilitation courses in the physical therapy program, and she conducts research focused on exercise and activity interventions for people with diabetes. She has received multiple awards for teaching and research, and in 2019 she completed the APTA's Education Leadership Institute Fellowship program.



Linda D'Silva, PT, PhD, NCS

Dr. D'Silva is an Assistant Professor for the Doctor of Physical Therapy (DPT) program at the University of Kansas Medical Center. She has practiced in various settings and has advanced training in neurologic and vestibular physical therapy. Dr. D'Silva is the Director of the Vestibular and Balance Rehabilitation Lab (STABILITI Lab) at KUMC. She is investigating the balance and mobility impairments seen after a mild traumatic brain injury and their relationship with visual and vestibular deficits. She teaches the vestibular, balance, and concussion content in the DPT program.



Dawn Emerson, PhD, LAT, ATC

Dr. Emerson is an Assistant Professor in the Department of Physical Therapy, Rehabilitation Science, and Athletic Training at the University of Kansas Medical Center. She teaches courses for the athletic training program, including emergent and acute care. Additionally, she co-teaches several shared courses between the physical therapy and athletic training students including orthopedic evaluation and interventions, pathophysiology, and pharmacology.



Stephen Jernigan PT, PhD, FNAP

Dr. Jernigan is the DPT Program Director of Academics for the Department of Physical Therapy, Rehabilitation Science and Athletic Training at the University of Kansas Medical Center (KUMC). He teaches foundational courses (Applied Anatomy and Applied Kinesiology) and coordinates interprofessional education in the DPT program. His research focus is educational research as a founding member of the LEARN (Leveraging Education And Research Now) Lab and a co-lead for KUMC's Center for Interprofessional Practice, Education and Research Assessment and Scholarship Committee. He is a Distinguished Scholar and Fellow of the National Academies of Practice and has received multiple awards for excellence in teaching.

Treating Patients with Persistent Pain: An Evidence Based Approach to Moving Them Forward

Friday, April 1st | 1:00–2:30pm | 1.50 CEU Credits

Jason Calder, PT, TPS, CSMT

Course/Session Description:

This lecture is designed to give a brief review of Therapeutic Neuroscience Education and its application to the treatment of patients in pain. Current evidence has shown that TNE can reduce pain, increase function, reduce fear and catastrophization, improve movement and change cognitions - even brain activation during pain experiences. We'll discuss how to identify which patients will benefit the most from the addition of this educational strategy, and learn some stories and analogies to shift a patient's pain paradigm. You'll also hear about some of the strategies and outcomes from a unique outpatient chronic pain program, as well as other settings where TNE can be applied.

Objectives:

- Review principles of Therapeutic Neuroscience Education
- Identify who will benefit from TNE
- Develop helpful stories/analogies for shifting pt's pain paradigm.
- Consider different settings for TNE.
- Addressing patient's challenging questions.

Speaker Biography:



Jason Calder PT, TPS, CSMT

Jason graduated from the University of Missouri-Columbia with a Master's degree in Physical Therapy in 2004. He has been practicing at NKCH for over 17 years and has focused on working with complex and chronic pain states for much of that time. He is a Certified Spinal Manual Therapist and a Certified Therapeutic Pain Specialist. Jason has taught community classes and lectured on the topic of pain for the past 5 years and has collaborated in clinical research. In 2018 he helped build the Move Plus Physical Therapy Program for chronic pain at North Kansas City Hospital. Since its inception, Jason has seen hundreds of people's lives changed with this unique, evidence-based program. He continues to practice in this area as well as provide ongoing training for other clinicians.

Screening for Pelvic Health in Various Physical Therapy Settings A Missing Link in Patient Wellness

Friday, April 1st | 2:45–4:15pm | 1.50 CEU Credits

Lora Seacat, PT, DPT, CSMT, CMTPT

Course/Session Description:

This presentation will provide an introduction into the role of pelvic health in various physical therapy settings. The webinar is geared to the clinician that wants to learn more about pelvic health, the role of pelvic health related to their patients with lumbopelvic dysfunction, and when to screen or refer to a pelvic health specialist.

Continued on the next page...

Objectives:

- The clinician will have an understanding of pelvic floor anatomy, pelvic floor function, and potential presentation of pelvic health dysfunction.
- The clinician will understand the importance of how the pelvic floor plays a role in daily function/movement and why screening is important.
- The clinician will be able to screen for pelvic symptoms, subjective and objectively.
- The clinician will learn objective screening tools with special tests for clinical application
- The clinician will know how to access and find a pelvic health PT within their area.

Speaker Biography:



Lora Seacat, PT, DPT, CSMT, CMTPT

Lora Seacat is a physical therapist for Mathis Rehab Centers and Director of Mathis Pelvic Rehabilitation Clinic in Manhattan, KS. Lora earned her doctorate of physical therapy from Shenandoah University in 2009. She has completed her Certified Spinal Manual Certification (CSMT) through the International Spine and Pain Institute in 2017. Lora completed her initial training in pelvic floor in 2018 with the APTA and Herman and Wallace with an additional 150+ hours for pelvic health in continuing education from various resources. In addition, Lora earned her Certified Myofascial Trigger Point Certification (CMTPT) in 2016, allowing her to utilize dry needling in her everyday practice for muscle dysfunction and the specialty of pelvic floor disorders. The clinic she practices within provides individualized, holistic care with multimodal interventions, biofeedback with the use of rehabilitative ultrasound imaging, nutritional considerations, and functional exercise for return to activity/sport “beyond the kegel”, for all genders. Lora is the Kansas State Representative for the APTA Academy of Pelvic Health and excited to be a resource to educate fellow colleagues, PT/PTA students, and health professionals.

Congressional Candidates - Current Issues Discussion

Friday, April 1st | 6:30–8:00pm | 1.50 CEU Credits

Jennifer Caswell PT, ; Camille Snyder PT, DPT

Course/Session Description:

The Current Issues Discussion allows you to learn more about legislative issues that affect physical therapists, physical therapist assistants, and our patients. You will understand how to advocate on behalf of our profession and for our patient and clients. You will have the ability to ask questions of our lobbying team, APTA-KS legislative team and potential congressional members.

Objectives:

- Understand the importance of legislative issues for PT's, PTA's in Kansas
- Understand how to advocate on behalf of our profession
- Learn about how to find ways to connect with legislators

Continued on the next page...

Speaker Biography:



Jennifer Caswell PT

Jennifer Caswell graduated with her master's in physical therapy from the University of Kansas Medical Center and got her DPT from Evidence in Motion. She has worked in a hospital setting in the Kansas City area, as well as a local nursing home before opening a private practice in Overland Park in 2007. She has been a member of the APTA for over 20 years. She has volunteered on several boards, including the Greater Kansas City Medical Managers Association and APTA-Kansas. She is an adjunct faculty member for St. Mary's University and Rockhurst University. She has served as the Federal Affairs Liaison for APTA-Kansas and has traveled to Washington DC numerous times to support our mission to our federal legislators. Currently, Jennifer serves as the Legislative Chair for the APTA-Kansas, working on various goals including having dry needling clarified in our Practice Act and the PT Compact.

Poster Hall Social (Suds and Science)

Friday, April 1st | 8:00–9:30pm | 1.50 CEU Credits

Jennifer Caswell PT, ; Camille Snyder PT, DPT

Course/Session Description:

This APTA Kansas event which will provide face-to-face discussion with clinicians and students throughout Kansas of current clinical research. This 1.5-hour long poster session, is planned to generate discussions which can further professional development leading to new clinical questions and directions for research and practice. There will be an award for the best poster, presented at Saturday's business meeting.

Objectives:

- Present posters prepared by students and professionals in the practice or education of Physical Therapists and Physical Therapist Assistants encouraging one-on-one interactions.
- Generate questions and future directions based on the presenters' findings and body of study.

Assessment and Management of the Stiff Shoulder

Saturday, April 2nd | 8:30–9:30am | 1.0 CEU Credits

Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Course/Session Description:

This presentation will describe management of the stiff and painful shoulder as well as adhesive capsulitis. Various treatment approaches and evidence for those forms of treatment will be discussed.

Objectives:

- Explain the medical interventions utilized in the management of frozen shoulder.
- Describe adhesive capsulitis and the stiff and painful shoulder.
- Discuss therapeutic exercise and compare and contrast techniques for frozen shoulder.
- Organize symptoms of frozen shoulder into clusters, syndromes or categories in order to be placed in appropriate treatment regimes.

Continued on the next page...

Speaker Biography:



Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Mr. Robert C. Manske PT, DPT, MPT, MEd, SCS, ATC, CSCS, is a professor and former chair in the Doctoral Physical Therapy Program at Wichita State University in Wichita, Kansas. Rob graduated from WSU in 1991 with a Bachelor of Arts in Physical Education, a Master of Physical Therapy degree in 1994, and further earned a Master of Education degree in Physical Education in 2000. He received his DPT from Massachusetts General Institute of Health Professions in 2006. Rob has been an APTA Board Certified Sports Physical Therapist since 2002. Rob is also a Certified Strength and Conditioning Specialist (CSCS) through the National Strength and Conditioning Association, and a certified Athletic Trainer (ATC) through the National Athletic Trainers Association. Rob has been nominated and received numerous awards for excellence in teaching at the local, state, and national level – receiving the APTA Sports Academy’s Turner A. Blackburn Hall of Fame Award in 2021, the Academy’s Excellence in Education Award in 2007 and the Ron Peyton Award in 2018. He was a 2 term Vice President of the APTA Sports Physical Therapy Section. To date Rob has edited/published 12 books, multiple chapters, articles and home study courses related to orthopedic and sports rehabilitation. Rob is an editor for both the “International Journal of Sports Physical Therapy” and “Journal of Sports Rehabilitation” and is also currently a manuscript reviewer for The Journal of Orthopedic and Sports Physical Therapy, Athletic Training and Sports Health Care, Sports Health a Multidisciplinary Approach, Physical Therapy in Sports, and The American Journal of Sports Medicine (AJSM), and in the years 2005-2007, 2011-2020 was named a Principal Reviewer for AJSM. Rob has lectured at the state and national and international level during meetings for APTA, NATA and the NSCA, and has instructed approximately 10-12 courses per year on knee and shoulder rehabilitation. In addition to his full-time faculty appointment, Rob is a physical therapist and athletic trainer for Ascension Via Christi Health and serves as a Teaching Associate at the University of Kansas Medical Center Department of Rehabilitation Sciences in Kansas City, and the Department of Community Medicine for the Via Christi Family Practice Sports Medicine Residency Program. Most importantly Rob continues to practice weekly – spending approximately 10 hours per week treating a variety of knee and shoulder conditions!

On-Field Shoulder Examination

Saturday, April 2nd | 9:45–10:45am | 1.0 CEU Credits

Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Course/Session Description:

This presentation will describe how to examine the shoulder on field during acute injury management. This form of expedient examination is drastically different than the standard clinical examination in the clinic. On the field time is of the essence.

Objectives:

- Explain the procedures performed when examining a on field acute shoulder injury.

Continued on the next page...

- Justify the tests and measures used during the on-field examination.
- Describe acute shoulder injury pathological conditions that occur from sports.
- Uses a clinical decision – making process to establish a differential diagnosis, synthesized from data obtained by the PT on field examination.

Platform Presentations (Including KPIP Fundraiser for Research in Kansas—FB Live Event)

Saturday, April 2nd | 11:00am–12:00pm | 1.0 CEU Credits

Linda D'Silva, PT, PhD, NCS

Course/Session Description:

Platform Presentations will take place at the APTA Kansas Spring Conference as part of Saturday's programming. Based on the peer-review process, four abstracts have been chosen for poster presentations. These presenters will discuss their research question, methods, and results with the relevance of these results to the Physical Therapy profession. There will be one award for the best platform presentation. There is an award for the best DPT student presentation which could be from the poster or platform category.

Objectives:

- Live presentations on current research pertaining to the practice or specific issues relating to physical therapy
- Presenters will have the opportunity to interact with the audience in a short Q&A session immediately following their presentation.

Lunch Business Meeting (Including Kansas Partner's in Progress Fundraiser - FB Live Event) and Delegate Discussion for the Upcoming 2022 House of Delegates

Saturday, April 2nd | 12:00–1:30pm | 1.0 CEU Credits

Camille Snyder, PT, DPT; AJ Thomas PT, DPT, MS, SCS

Course/Session Description:

APTA Kansas President and Board of Directors will be presenting on current issues and summarizing current Strategic Goals and Objectives. The Delegates will be reporting the upcoming activities of the 2022 House of Delegates planned in August. We will have discussion on possible subjects that may be suitable for forming a motion and submitting.

Objectives:

- Members and potential members will get updates on APTA Kansas' Strategic Plan and specific implementation for goals including outreach, patient access, professional development, mentorship, and research promotion.
- Members and potential members will be informed on the upcoming activities for the 2022 HOD.
- Participants will be oriented on motion formation and language
- Participants will be given the opportunity to discuss current professional needs that may be appropriate for motion formation

Continued on the next page...

Speaker Biographies:



Camille Snyder, PT, DPT

Camille Snyder, PT, DPT is currently serving as president of APTA Kansas. Prior to this office she served six years as vice president. She has served on the Kansas delegation since 2014. She began her service to the KPTA as standards and practice chair beginning in 2011. She has been a practicing physical therapist for 30 plus years, the last 20 in Kansas and received her transitional DPT in 2006. In 1998, she earned her orthopedic clinical specialty by the American Board of Physical Therapist Specializations. Her practice settings are numerous, and she has volunteered in India for a teaching hospital outpatient and inpatient rehab departments. She has been the impaired provider coordinator serving as liaison to the Heart of America Provider's Network and the Kansas Board of Healing Arts since 2012.



Anthony "AJ" Thomas, PT, DPT, MS, SCS

AJ Thomas currently serves as the CEO at Rooks County Health Center in Plainville, Kansas. AJ earned his Bachelors of Science in Psychology and Masters of Biology both from Fort Hays State University. He went on to complete his Doctorate in Physical Therapy from Rockhurst University. AJ has most recently served as the Rehabilitation Director at Rooks County health Center, overseeing Physical Therapy, Occupation Therapy, Speech Therapy, Cardiac Rehab, and Sports medicine outreach services. AJ is an adjunct instructor at Fort Hays State University in the Biology and Athletic Training departments where he helps mentor students and promote the benefits of serving rural citizens at the highest professional level. He is Board Certified as a Sports Clinical Specialist and serves as team Physical Therapist for Fort Hays State Athletics and on the United States Olympic Committee's Volunteer Medical Team.

Upper Extremity Return to Sports Functional Testing

Saturday, April 2nd | 1:30–2:30pm | 1.0 CEU Credits

Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Course/Session Description:

This presentation will describe how to perform appropriate testing to determine a patient/athletes for a safe and expedient return to sports participation.

Objectives:

- Explain the reasons behind return to sports functional testing.
- Justify various tests used to return an upper extremity patient back to sports.
- Determine when it is safe to return a patient to sports or to hold them back until they are fully ready.
- Uses a clinical decision – making process to establish a when it is safe to return to sports following shoulder injury.

Continued on the next page...

Case-Based Application of Upper Extremity Return to Sports Functional Testing

Saturday, April 2nd | 2:45–3:45pm | 1.0 CEU Credits

Rob Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS

Course/Session Description:

This presentation will utilize cases and audience participation to determine when it is safe to return someone to sports and or what should be done therapeutically prior to returning to sport if demands are not yet met.

Objectives:

- Apply knowledge of functional testing for the upper extremity to determine when it is safe to return to sports after upper extremity injury.
- Explain the reasons behind return to sports functional testing.
- Justify various tests used to return an upper extremity patient back to sports.
- Determine when it is safe to return a patient to sports or to hold them back until they are fully ready.
- Uses a clinical decision – making process to establish a when it is safe to return to sports following shoulder injury.

KANSAS PHYSICAL THERAPY PARTNERS

WE'RE HIRING!

PHYSICAL THERAPIST

- We are a private, Physical Therapist-owned clinic looking for a Physical Therapist to join our practice in Salina, KS.
- Kansas Physical Therapy Partners provides extensive continuing education and one-on-one mentorship.
- This is your chance to advance your skills and change the health of a community.
- We encourage new graduates and early-career therapists to apply.

We invite you to call or email Jordan Zuccarelli, Owner/Physical Therapist at 785-572-5787 or jordan@kansasptpartners.com



KANSAS
PHYSICAL THERAPY
PARTNERS

ALLIES IN YOUR HEALTH

APTA Kansas Terms and Conditions for the Conference:

Cancellation and Refund Policies

APTA KANSAS hopes everyone who registers for OUR conference will be able to attend; however, APTA KANSAS knows extenuating circumstances do occur. The APTA KANSAS Cancellation and Refund Policies are as follows:

Conference Refund and Cancellation Policy

The APTA KANSAS Conference Cancellation and Refund Policy will be as follows to assure consistency and is applicable to the annual APTA KANSAS conference.

- Conference registration canceled on-line 90 days prior to the conference is refundable but subject to a \$50 administrative fee.
- Registrants canceling within 0 – 90 days prior to the conference will not receive a refund. The refund and cancellation policy will not be waived. *Registration fees may be transferred to another individual*; the invoice for the new registration will be revised to reflect the new registrant's membership status.
- In the event APTA KANSAS must cancel the conference due to unforeseen circumstances, APTA KANSAS will refund the cost of registration. However, APTA KANSAS does not assume responsibility for any additional costs, charges, or expenses; to include, charges made for travel and lodging.

Unforeseen Circumstances Defined for Refund and Cancellation Policies

Unforeseen circumstances is used to describe an event that is unexpected and prevents APTA KANSAS from continuing with a conference, training, or webinar. Examples of such circumstances can include, but are not limited to, inclement weather or other natural disasters, site unavailability, technology challenges, and presenter absence.

Thank You to Our Sponsors



