



# 2023 APTA Kansas Election

## *Call for Nominations*

Please submit completed application to Elizabeth Lewis, Nominating Committee Chair at [elewis@kumc.edu](mailto:elewis@kumc.edu) or APTA KS Office at [kpta@affinity-strategies.com](mailto:kpta@affinity-strategies.com) by Monday, Feb 3<sup>rd</sup>, 2023

- President
- Vice-President
- **PTA Caucus Representative**
- Nominating Committee Member

---

*Nominate a APTA KS member in good standing, or nominate yourself. Candidate must have 2 years of membership with no lapses.*

*Please complete all fields. Continue on additional pages as needed.*

Nominator (must be a APTA KS member):   **Lorna**  
**Jarrett**\_\_\_\_\_

Nominator APTA Member ID Number:   14-02136  

Nominator Email Address:  
  **ljarrettpta@gmail.com**  

I am nominating                   **Lorna Jarrett**                   for the position of  
**PTA Representative**

Nominee APTA Member ID Number:   14-02136  

---

**Please provide candidate statement:**

My goal is to represent the best interest of the PTA through continued efforts of advocacy, collaboration, and educational advancements in PTA Education (PTA-Program advisory team member). I am particularly motivated to help navigate the changes to an engagement group which will generate new opportunities. Mentorship, leadership, and community involvement help to formulate my actions and ability to bring

people together (e.g., PT Moves Me chapter ambassador, Health Systems steering committee and Clinical Director for Special Olympics). I plan to promote the value of the PTA within the guidance of the core values while representing and encouraging practice at the top of the PTA's potential.

**Please provide brief bio:**

PTA Representative KS, 2021.

Lorna Jarrett, MS, PTA, AIB-VRT, is an allied health professional (PTA). She graduated from PTA school in 2010 working in outpatient and skilled nursing. She brings experience with grant funded wellness and corporate fitness programs for Kansas City Metro. She is founder/owner of Pnema Pilates and Wellness, an integrative wellness space in Overland Park. She has a MS in Kinesiology (Rehabilitation and Adaptive Sports) while completing her Doctor of Health Sciences (DHSc-2024, Education) at A.T. Still University. She helps guide adults, students, and organizations. toward growth through mentorship and training (Thrive Alive, REACH, Renaissance Management and Training LLP, APTA Scholars, Wellspring School of Allied Health adjunct instructor). She believes volunteerism and community are a priority and key to establishing value in the physical therapy field.