

**Vice President Candidate: Aimee Riegel, PT, DPT****Candidate Statement:**

Hello, my name is Aimee Riegel and I have had the privilege of serving as the Vice President of APTA Kansas for the last 4 years. Prior to this I served as the Payment Chair and have been involved in APTA Kansas leadership for over 10 years. I have enjoyed assisting our board in developing a strategic plan to continue to move our association forward as well as staying at the front of the ever changing scene in healthcare and our profession. I was awarded the APTA Emerging Leader award in 2017 and have presented at many chapter conferences regarding reimbursement, documentation, and alternative payment models. I felt the pull to step outside of the insurance based payment system in 2019 and opened my own cash based practice and fitness studio, FIT PT and Wellness in Hays, KS. I have been in practice for 16 years and have always had and continue to have a passion to serve to better our profession!

**Bio:**

Dr. Aimee Riegel, PT, DPT is a graduate of the University of Kansas with a Bachelor of Science in Education with an emphasis in Exercise Science. She attended the University of Kansas Medical Center Physical Therapy program where she received her Doctor of Physical Therapy degree in 2007. She has practiced outpatient orthopedics her entire career, spending 6 years in Northeastern Kansas, where she served as the director of a small outpatient clinic prior to relocating to western Kansas in 2013.

Aimee founded FIT PT and Wellness, LLC in September 2019, a cash-based concierge practice, which she expanded to include a Fitness and Yoga Studio in October 2020. She provides services to clients in her fitness studio as well as in their homes. Aimee has a passion for helping adults stay active through their lifespan with an emphasis on health and wellness. Aimee specializes in Functional Dry Needling and is a level 2 Dry Needling practitioner. Aimee also teaches virtual and in person individual and group fitness programming, as well as offers specialty fitness and health workshops both locally and on a national level to increase awareness of health and wellness for all ages.

Aside from the clinic, Aimee devotes her time to her profession by serving on the Board of Directors for APTA Kansas. She currently serves as the Vice President of APTA Kansas. She previously served as the Payment Committee Chair from 2014 through 2019. Aimee has provided education on Defensible Documentation at various state conferences and launched the first webinar on the APTA Kansas Website. Aimee was awarded the APTA Emerging Leader award in 2017. She also founded and serves as executive director of a non-profit organization, Lovegrass Music Festival Association, which funds a very successful annual free music festival in North Central Kansas as well as other music events throughout the year.

Aimee is a native of Pawnee Rock, Kansas where she grew up on the family farm, attending Great Bend High School. She and her husband, Jason, spent 12 years in Lawrence before moving back to western Kansas to raise their two sons, Jonah and Jude. In her free time Aimee and her family enjoy playing bluegrass and performing in their band, 80 Proof Alice, camping, kayaking, hiking, shooting sports and attending concerts and sporting events. Therapy degree in 2007. She has practiced outpatient orthopedics her entire career, spending 6 years in Northeastern Kansas, where she served as the director of a small outpatient clinic prior to relocating to western Kansas in 2013.