



## Why You Should be a Part of the APTA Patient Action Center

- Ability to advocate on your own behalf
- Represent the patient side of physical therapy
- Be a member of the APTA Grassroots Team
- Stay up to date on the most pressing issues
- Bring more people power to our most pressing issues

## **Frequently Asked Questions**

What is the Patient Action Center?

The APTA Patient Action Center (<a href="http://www.apta.org/TakeAction/">http://www.apta.org/TakeAction/</a>) gives patients and nonmembers the opportunity to send prewritten letters to their members of Congress. This allows Members of Congress to hear about the patient impact that certain bills or federal regulations will have on their constituents.

## Who can use the Action Center?

Anyone who is concerned with issues and regulations surrounding physical therapy can join the APTA Patient Action Center. This is a free service that allows patients, caregivers, activists, nonmember physical therapists, and other concerned individuals a chance to make their voices heard.

How do I send letters to my member of Congress?

All you have to do is go to the Advocacy Section of the APTA website and click "Take Action." This will take you right to the page with all of our advocacy links, and then just go to the Patient Action Center. Once there, you can send prewritten messages directly to your Legislators.

What else is on the Patient Action Center?

There are numerous opportunities for patients and nonmembers to get involved with things APTA is doing to move physical therapy forward. You can sign up to receive alerts whenever new issues are posted, find out who your elected officials are, and send them prewritten messages. Sometimes, you can also send personal stories to accompany the letter that APTA will provide; this will allow your Legislators to realize how these issues impact you!

If you have any questions regarding the Patient Action Center, what APTA does, or what other ways you can get involved, please reach out to APTA at advocacy@apta.org